



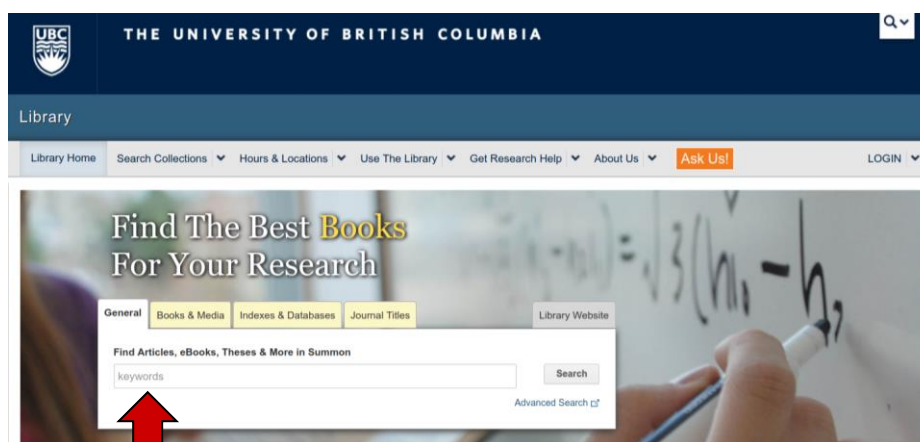
**Dr. John Micallef Memorial Library | St. Mark's and Corpus Christi Colleges**  
library@stmarkscollege.ca | +1 604 822 4463 ext. 109 | @librarysmc | www.stmarkscollege.ca/library

## Research Guide for UBC Library

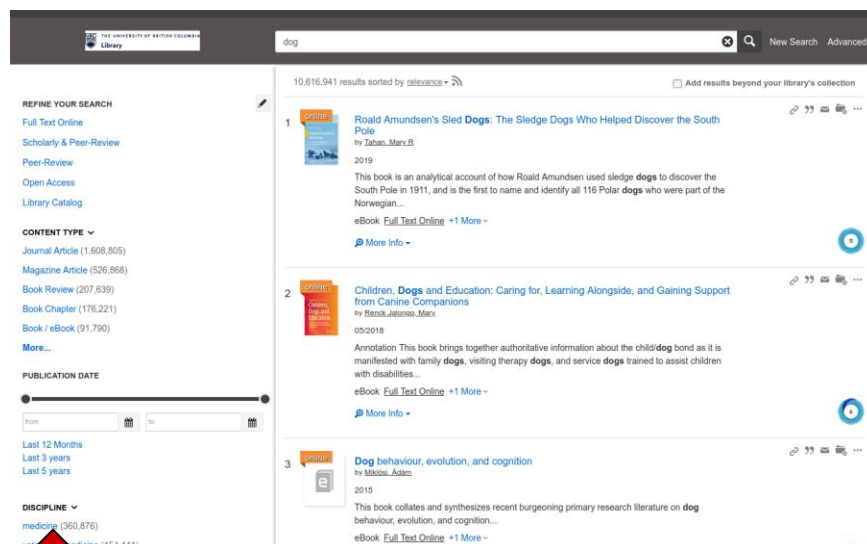
**NOTE: You must have an Affiliate Student ID and a CWL account set up**

### FIND A BOOK in UBC Libraries

Go to UBC Library homepage: <http://www.library.ubc.ca/>



**Use the search box to type in your keyword.**



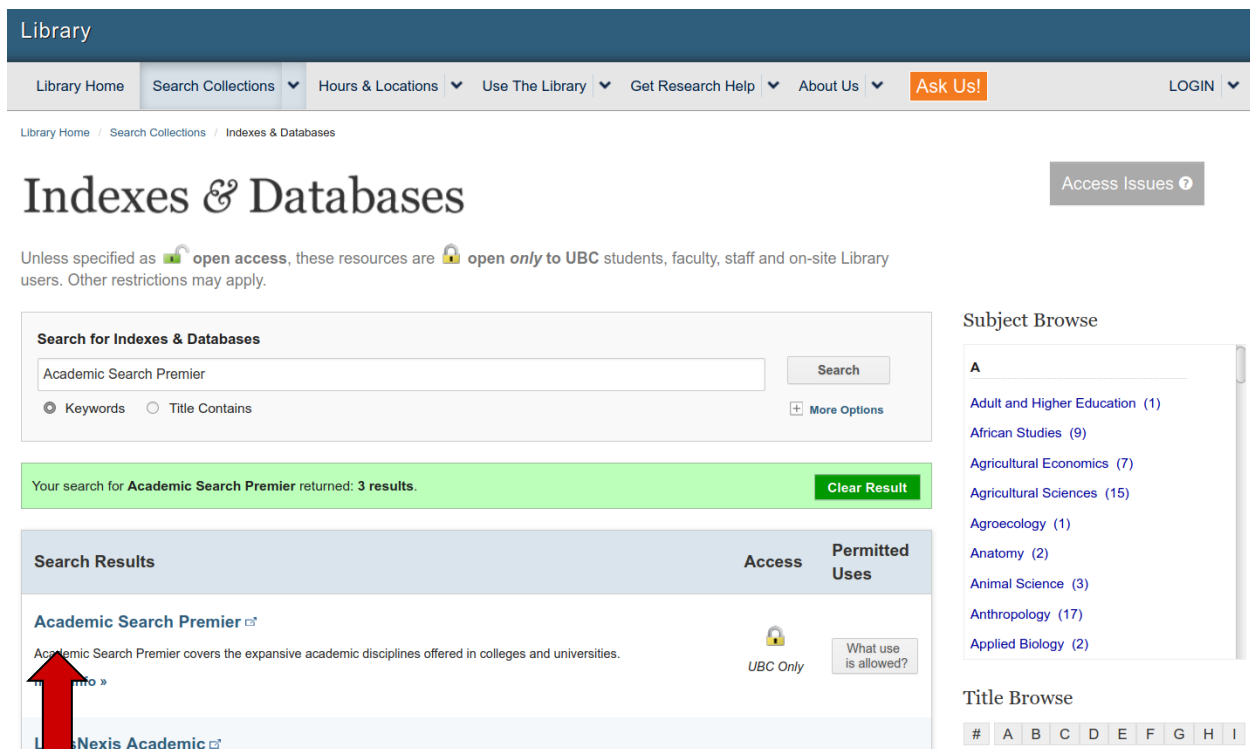
**You can limit your results to a library, year, author, subject area, etc.**

## FIND AN ARTICLE in UBC Libraries

**REMEMBER: You are always looking for Scholarly (Peer Reviewed) Journals!**




**Go to Indexes and Databases. Put in the name of the database.  
Examples: Academic Search Premier or ATLA**




**Click on Database title.**

**Enter your CWL login and password.**



**CWL Library Login**

To log into EZproxy using the UBC Campus-Wide Login (CWL) facility, click the **CWL Login** button.



❗ If you have any problems logging into EZproxy using CWL, please contact the [Library Help Desk](#).

If you wish to learn more about the UBC CWL authentication system, visit the [UBC IT CWL page](#).

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**Standard Library Login (Faculty Authorization and Affiliated Colleges Faculty/Staff Only)**

To log into EZproxy using your UBC/Library card barcode and PIN, enter both and then click **Login** below.


**Note:** UBC faculty, staff, students, and alumni must use the CWL login.

Barcode:

PIN:



[Forgot Your PIN?](#)



## Helpful research strategies

**When you find an article or an e-book that you think you *might* use, save it to your desktop if you can!** Do not assume you will be able to link back to it easily.

**Have a word doc open as you search, and use the document to create your citation.**  
The citation list will guarantee that you can find the source again, and that you won't miss citing anything.

**Remember to CITE ALL your sources!!**

Check out the Citation Guide on the Library website  
<http://stmarkscollege.ca/library/guides/>

## Tips for Finding Sources for Your Paper

### Use Advanced Search

Try different combinations of your key words.




	Select a Field (optional) ▼
AND ▼	Select a Field (optional) ▼
AND ▼	Select a Field (optional) ▼

### Use FILTERS!

**ALWAYS: FULL TEXT, SCHOLARLY / PEER REVIEWED / LANGUAGE**


Then: consider date, subject, etc.




**Pet therapy: dogs de-stress students**  
by Young, Judith S

Journal of Christian nursing : a quarterly publication of Nurses Christian Fellowship,  
10/2012, Volume 29, Issue 4

.... At nursing **students'** request at one school, the author began offering pet  
therapy prior to examinations...

Article PDF: [Download Now](#) 

Journal Article: [Full Text Online](#)

View Complete Issue: [Browse Now](#) 

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Research supports the efficacy of the human-animal bond and pet therapy in a variety of settings. At nursing students' request at one school, the author began offering pet therapy prior to examinations. Anecdotal evidence of a study with the author's Golden Retriever, Goldilocks, demonstrates that pet therapy can reduce test anxiety and improve nursing student performance.

MEDLINE - Academic

Source:	<a href="#">MEDLINE</a>
Publication Title:	Journal of Christian nursing : a quarterly publication of Nurses Christian Fellowship
Volume:	29
Issue:	4
Pages:	217 - 221
Date :	10/2012
ISSN:	0743-2550
EISSN:	1931-7662
DOI:	<a href="#">10.1097/CNJ.0b013e31826701a7</a>
Genre:	Journal Article
Subjects:	<a href="#">Stress, Psychological - therapy</a> , <a href="#">Anxiety - therapy</a> , <a href="#">Animals, United States</a> , <a href="#">Animal Assisted Therapy - trends</a> , <a href="#">Humans</a> , <a href="#">Bonding, Human-animal</a>

## Tips for Searching Databases

### AND, OR, NOT

These are used to connect and define relationships between your keywords.



### Phrase and Wildcard searching

**Quotation marks** are used to search for an exact phrase in an exact order:

“Simple Recipe” will yield results on that exact phrase.

#### Wildcard searching \* \$ ?

Used to search for a term and variant spellings of that term.

**Colo\*r** / colo?r / colo\$r -- will return both *color* and *colour*

### Brackets

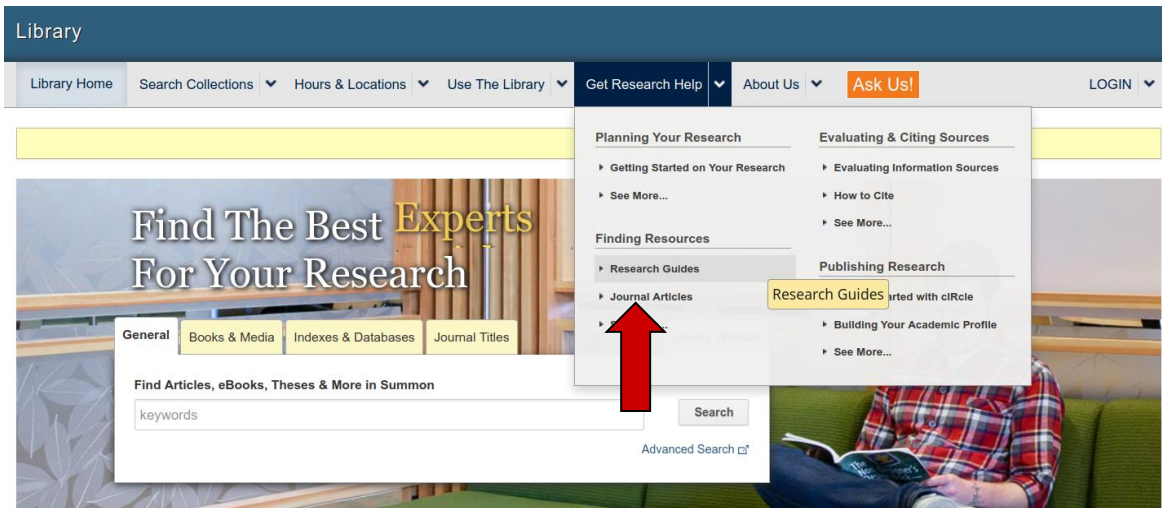
**Used to control the search sequence:**

How does taking vitamins affect your health?

**(vitamins OR supplements) AND health**

## UBC Library Research Guides

Go to **UBC library homepage**, and find the **Get Research Help** tab. Select **Research Guides**.



The screenshot shows the UBC Library homepage. The 'Get Research Help' dropdown menu is open, and the 'Research Guides' option is highlighted. A red arrow points to the 'Research Guides' option. Below the menu, there is a search bar and a 'Search' button. The background features a banner with the text 'Find The Best Experts For Your Research' and a person reading a book.

Library

Library Home Search Collections Hours & Locations Use The Library Get Research Help About Us Ask Us! LOGIN

Find The Best Experts For Your Research

General Books & Media Indexes & Databases Journal Titles

Find Articles, eBooks, Theses & More in Summon

keywords

Search

Advanced Search

Library

Library Home Search Collections Hours & Locations Use The Library Get Research Help About Us Ask Us! LOGIN

Library Home / Research Guides / Home

Welcome to the UBC Library Research Guides

SUBJECT GUIDES COURSE GUIDES BROWSE ALL GUIDES A-Z GUIDES BY TYPE

Search: Enter Search Words Search

African Studies	1	Environmental Sciences	3	Multidisciplinary	27
Agriculture	2	Family Practice	1	Music	2
Anatomy	1	Family Studies	1	Neuroscience	1
Animal Science	1	Film Studies	2	Nursing	2
Animal Science / Applied Animal Biology		First Nations Studies	24	Obstetrics & Gynaecology	1
Anthropology	5	Fisheries	2	Occupational Therapy	2
Architecture & Landscape Architecture	5	Food, Nutrition & Health	4	Ophthalmology	1
Art History & Visual Art	12	Forestry	10	Orthopaedics	1
Asian Studies	20	French	2	Paediatrics	1

Choose a **Research Area**; ie: History, Psychology, English  
Click **Articles** -- sometimes tab will say "databases" -- because articles live in databases  
Choose a **database** and **Connect** -- green button (use **CWL**)  
**Search** on your selected keywords  
Use **filters** to get the number of hits down to **less than 20** (date, language, etc)